

# mental health today

## London

**Date:** Wednesday 1 November 2006

**Venue:** Business Design Centre, London



### VISITOR INFORMATION

Event sponsored by:



Mental Health Foundation

Care Services Improvement Partnership **CSIP**

National Institute for  
Mental Health in England

**TURNING  
POINT**  
turning lives around





# mental health today

## London

**Mental Health Today is the national annual exhibition and seminar programme for everyone with an interest in mental health.**

This one day event, comprising a full and comprehensive seminar programme and a large exhibition, will provide a valuable opportunity for mental health professionals, service users and those interested in joining the profession to come together to debate the big issues, share best practice and network.

### Zones

Every year visitors are asked why they come, how long they stay and which parts they most enjoy. What is clear is that people like to make a day of it – which is hardly surprising, given how much is on offer: 60% stay for four and more hours, and one of the most popular features are the Zones, which offer visitors a vast array of free activities, helpful advice, and fun events. This year the zones include:

#### ■ Training and Development Zone

Sponsored by Impact, offering delegates one-to-one advice and information on career development and education and training opportunities.

#### ■ Creative Arts Zone

An array of dazzling and inspired visual and other art work by service users, including floor tile painting, postcard design, weaving and photography, poetry and music making, and a giant, wish-granting genie.

## The exhibition

Visitors will meet 60 exhibitors from across the mental health spectrum – from the statutory, voluntary and independent sectors. Mental Health Today London enables you to see a vast array of products and services under one roof, gain advice and knowledge and collect masses of informative literature. Exhibitors will include:

- care and support providers  
(including housing)
- publishers
- recruitment agencies
- IT companies
- voluntary organisations
- service user groups
- training and management consultancies
- research and training organisations
- product manufacturers
- advocacy groups
- public sector bodies.

## Did you know?

Did you know your attendance at Mental Health Today London can count towards your

**PRTL requirements?**

Visit [www.mhtodayexhibition.co.uk](http://www.mhtodayexhibition.co.uk) for further information.

### ■ Horticultural Zone

A garden of delights for the mind and senses, with horticultural therapy experts on hand to explain and demonstrate the benefits of herbs for mental health.

## Seminars

This year's seminar programme will appeal to a broad range of professionals and staff from across the mental health disciplines, reflecting the interest and concerns of the mental health community.

The seminar programme runs throughout the day. No need to book, just pick and choose on the day from a wide selection of topics, including:

- **stigma and discrimination**
  - national and local campaigns
- **dual diagnosis**
  - children of substance misusing parents
  - managing drug and alcohol misuse in mental health services
- **welfare**
  - commissioning vocational and day services
  - mental health and financial literacy
- **new technologies**
  - self-help CBT programmes
  - using computers to promote inclusion
- **mental health nursing**
  - the mental health nursing review
  - nurse prescribing
- **occupational therapy**
  - partnership working in mental health
- **health inequalities**
  - access to primary care services
  - smoking cessation
- **risk and rights**
  - working with people with personality disorders
  - new challenges in medium secure care
- **workforce development**
  - involving users in training professionals
  - new ways of working
- **children and young people**
  - working with self-harm
  - promoting mental health in schools.



## Who should visit?

Mental Health Today London attracts over 2,000 representatives from the mental health community, including:

- social workers
- service managers
- psychologists
- psychiatrists
- commissioners
- researchers
- trainers
- service users
- carers
- support workers
- counsellors
- psychotherapists
- user involvement groups
- occupational therapists
- nurses.

## Tickets

**In advance:**

**£20** inc VAT

**On the day:**

**£25** inc VAT

**Group discount:**

5 tickets for **£80** inc VAT

### ■ Mental Capacity Act Zone

Experts from the Department of Constitutional Affairs will be explaining the provisions of the new Act and how it applies to people with mental health problems.

### ■ Health and Welfare Advice Zone

Provided by the Disability Rights Commission, offering advice and information on the rights of people with mental health problems.

### ■ Legal Rights Zone

Staffed by legal experts who can explain the workings of the Mental Health Act, the Human Rights Act and other key legislation affecting people with mental health problems.

### ■ Laughter Zone

The UK's very own clown doctor Margaret McCathie will be running workshops on laughter therapy and well-being.



‘A very good event! I really liked the zones...a great touch and it made it really interesting for visitors.’

*Jessica Peters Young Minds*

‘Mental Health Today London was great...better than ever! You have to be there to experience its unique buzz.’

*John Kay Advance*

‘A great exhibition as always.’

*Kate Fallows Look Ahead Housing and Care Ltd*

Event supported by:



Zone sponsors:



Badge sponsor:



**TICKET HOTLINE:** 0870 890 1080

**Email:** [exhibitions@pavpub.com](mailto:exhibitions@pavpub.com)

**Website:** [www.mhtodayexhibition.co.uk](http://www.mhtodayexhibition.co.uk)

**Opening and closing times**

Doors open: 9.30am

First seminar: 10.00am

Doors close: 4.30pm

**Tickets**

**In advance:** £20 inc VAT **On the day:** £25 inc VAT **Group discount:** 5 tickets for £80 inc VAT

**Free entry for service users** - please apply in writing prior to the event. Send your application to:  
Pavilion, Richmond House, Richmond Road, Brighton, East Sussex, BN2 3RL



**Interested in exhibiting?**

Where else can you promote your products and services to over 2,000 members of the mental health community?

For further information please contact:

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