

Smoking cessation and young people

15 March 2006



Health
Promotion
Agency

Smoking cessation and young people

Background

The Department of Health, Social Services and Public Safety has identified children and young people as a key target group in the *Five Year Tobacco Action Plan 2003 – 2008*. Over a third of 11-16 year olds in Northern Ireland report having smoked, with most smoking for the first time at age 12. While smoking among adults in Northern Ireland has declined over the past decade, there has been no reduction in smoking among adolescents.

This seminar offers an opportunity to learn from UK-wide research on young people and smoking cessation, and to hear the practical experiences of those working with young people. It is also an opportunity for networking for all those interested in young people's health.

Aim

To raise awareness of effective strategies for promoting smoking cessation with young people.

Target audience

This event is aimed at anyone with an interest in the health of young people, including those working in healthcare, formal and informal education, and community settings.

Date

Wednesday 15 March 2006

Time

9.30am – 2.00pm, including lunch

Venue

Rosspark Hotel, Kells

Cost

There is no cost to participants for this seminar

Closing date for applications

28 February 2006

Programme

- 9.30am Registration, scones, tea and coffee
- 10.00am Welcome
- 10.05am **Attitudes towards smoking and quitting in older teenagers**
Dr Amanda Amos, Reader in Health Promotion
University of Edinburgh
- 10.30am **Lessons from Health Scotland's young people and smoking cessation pilot programme**
Dr Wendy Gnich, Research Fellow
University of Edinburgh
- 10.55am **Cochrane review of smoking cessation and young people**
Mr Alan Stanton, Consultant Community Paediatrician
Solihull Primary Care Trust
- 11.20am Tea and coffee
- 11.40am **Children and young people's smoking prevention and cessation initiative**
Ms Liz Gaulton, Assistant Director Public Health and
Ms Karen Woosey, Senior Smoking Cessation Adviser
Knowsley Primary Care Trust
- 12.05pm **Practical experiences of encouraging young people to quit**
A teacher's perspective
Mr Stephen Graham
Massereene College
A voluntary sector perspective
Mr Gerry McElwee, Head of Cancer Prevention
Ulster Cancer Foundation
- 12.30pm Questions and discussion
- 1.00pm Lunch

Booking information

Booking forms are also available to download or submit online at: www.healthpromotionagency.org.uk



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