

# Young people and self-esteem

Child and adolescent mental health

19 September 2006



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Following the success of previous training events around the theme of young people and self-esteem, the Health Promotion Agency for Northern Ireland (HPA) has organised a rerun of this series of seminars which will be delivered between autumn 2006 and spring 2007.

The seminars are supported by the Design for Living partnership, comprising Action Mental Health, Youth Council for Northern Ireland and the HPA, and will be facilitated by key speakers who have vast expertise in the field of mental health, self-esteem and young people. This is the first of three seminars and will focus on child and adolescent mental health.

### Potential participants

This event will be of interest to anyone from the community, voluntary or statutory sectors, who works with children and young people in a range of settings. It will be of particular benefit to youth and community workers, social workers, teachers, health promotion workers, primary care workers and others in the allied health professions who have an interest in the promotion of positive mental health.

### Date of seminar

19 September 2006

### Venue

Comfort Hotel, Antrim

### Cost

£35 to community/voluntary organisations

£50 to statutory and private organisations

## **Facilitator**

Simon Ward is a senior educational psychologist with the Children, Schools and Families Service in Sefton, England. He is currently part of a team delivering the mental health training strategy and has experience in leading a project to develop emotional literacy in schools.

Simon is a freelance trainer who has delivered seminars on a variety of topics, including promoting mental health, emotional intelligence, anger management and solution focused approaches.

## **Booking**

Booking forms are also available to download or submit online at:  
[www.healthpromotionagency.org.uk](http://www.healthpromotionagency.org.uk)

## **Closing date for applications**

4 September 2006

As we anticipate high demand, please return your application as soon as possible to avoid disappointment.



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