

Payment: Please tick as appropriate:

- I enclose a cheque/bankers draft for the conference fee (Payable to the **Health Promotion Agency for Northern Ireland**)
- I wish to be invoiced. Purchase number required: (Invoices should be settled within 30 days. Please indicate who should receive the invoice)

Name:

Address:

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Postcode/County:

Telephone:

Email:

Terms and conditions

Confirmation and further information will be sent to you prior to the event.

All cancellations must be made in writing and sent to the HPA by email info@hpani.org.uk or fax on 028 9031 1711 (or 0044 28 9031 1711 from outside the UK).

Cancellations received up to 14 days prior to the event will be subject to a 50% cancellation fee. Cancellations received with less than 14 days' notice will be subject to a 100% cancellation fee.

You may nominate another person in lieu of cancellation. Any proposed change must be notified to the HPA in writing.

Signature:

Date:

Booking

Please complete and return this form by 30 October 2008 to:

The Health Promotion Agency for Northern Ireland
18 Ormeau Avenue, Belfast BT2 8HS
Tel: 028 9031 1611 (voice/minicom)
Fax: 028 9031 1711
Email: info@hpani.org.uk

Parallel sessions

The conference programme will include a range of parallel sessions as outlined below. Registration for these sessions will take place from 8.45am on the day of the conference.

Workplace

Workwell initiative – Health Promotion Agency for Northern Ireland
Case study from Northern Ireland business
Active@Work – Irish Heart Foundation

Pre-school children

Mini-MEND programme
Start to Play programme – Youth Sport Trust
Smart Start – HSE Dublin North East

Children and young people

Health promoting schools – current perspective in Republic of Ireland
Piloting health profiling within schools – PlayBoard
Fit families project – Antrim Borough Council

Communities

Building an environment for physical activity through active travel – Sustrans
Sports partnerships – Republic of Ireland
Healthy Stadia – WHO Galway Healthy Cities

Primary care

Primary care management of obesity – The Counterweight Project
ACE project (Activity, Confidence and Eating)
Weight loss camps for children – Carnegie Weight Management Centre, Leeds

Research

Eager and able to learn (Early years – organisation for young children)
An overview of adiposity rebound and predictors of body fat in children aged 2–5 years – University of Aberdeen
Product reformulation – Department of Agriculture (Republic of Ireland)
National diet and nutrition survey – Food Standards Agency Northern Ireland
Republic of Ireland Obesity Task Force review of progress – School of Public Health and Population Science, UCD
Little Steps campaign; the evidence – Safefood

Obesity surveillance symposium, Friday 14 November 2008 (9am–1.30pm)

There will be an **Obesity surveillance symposium** on **Friday 14 November 2008** from **9am–1.30pm** at the **Europa Hotel, Belfast**. This symposium will investigate the best way forward in setting up a national database on obesity across the Island of Ireland.

For further information or to book a place at this event please contact Adrienne.Lynam@hse.ie or Tel: 00353 91 775928

Obesity: weighing up the evidence

An all-island multisectoral conference on obesity

13 November 2008
Europa Hotel, Belfast

On behalf of the Health Promotion Agency for Northern Ireland and the Health Service Executive, Republic of Ireland, we would like to invite you to attend a one day conference on obesity in the Europa Hotel, Belfast on 13 November 2008.

The World Health Organization reports that overweight and obesity have reached epidemic proportions globally and estimates that approximately 1.6 billion adults and at least 20 million children under the age of five are overweight or obese. It is accepted that being overweight or obese increases the risk of health conditions such as heart disease, stroke, diabetes and some cancers and has significant impacts on a wide range of other factors including education, employment and emotional wellbeing.

Across the island of Ireland the number of children and adults who are overweight or obese continues to rise. Northern Ireland has introduced a cross-departmental action plan and the Health Service Executive in the Republic of Ireland has developed a Framework for action on obesity to tackle this issue.

This conference aims to present a multisectoral audience with the latest developments in overweight and obesity prevention and management. It will provide the opportunity to discuss how we, in our various settings, can influence the development of national, regional and local approaches to help combat overweight and obesity throughout the island of Ireland. The conference will be of particular interest to those involved in policy development and planning within healthcare, local authority, education, food industry, childcare, agriculture, sporting, community and voluntary organisations. We hope to empower participants to work more closely together to tackle the challenges of an increasingly sedentary lifestyle and obesogenic environment by drawing on a range of international, national and local speakers and detailing best practice initiatives in a range of settings.

Following the conference there will be an Obesity surveillance symposium on Friday 14 November to investigate the best way forward in setting up a national database on overweight and obesity across the island.

We do hope you will be able to join us for what promises to be an interesting and informative conference.

Dr. Brian Gaffney
Chief Executive
Health Promotion Agency for
Northern Ireland

Catherine Murphy
Assistant National Director
Population Health, Health Promotion
HSE, Republic of Ireland

Programme

8.45–9.30am	Registration, refreshments and exhibition
9.30am	Opening remarks Dr Brian Gaffney , Chief Executive, Health Promotion Agency for Northern Ireland Catherine Murphy , Assistant National Director, Population Health, Health Promotion, HSE
9.45am	Mr Michael McGimpsey MLA, Health Minister (Northern Ireland) Ms Mary Wallace TD, Minister of State at the Department of Health and Children (Republic of Ireland) <i>Obesity – challenges facing our future</i>
10.05am	Dr Susan Jebb , Head of Nutrition and Health Research, Medical Research Council, London <i>An overview of the Foresight Report – a holistic approach to preventing and tackling obesity</i>
10.45am	Tea/coffee and exhibition
11.15am	Victoria Evans , Healthy Eating – Healthy Action, New Zealand <i>Tackling obesity levels in New Zealand – a success story?</i>
11.45am	Alison Hardy , Department of Health, Communication Directorate, London <i>Change 4 life programme</i>
12.15pm	Parallel session one
1.15pm	Lunch
2.15pm	Parallel session two
3.15pm	Tea/coffee Afternoon chairperson's remarks Brian Mullen , Principal Officer, Department of Health and Children, Republic of Ireland
3.30pm	Professor Ken Fox , Centre for Sport, Exercise and Health, University of Bristol Professor Patrick Wall , Associate Professor of Public Health, School of Public Health and Population Science, UCD <i>Promoting physical activity and healthy diet – key messages for preventing obesity</i>
4.10pm	Professor Paul Gately , Carnegie Professor of Exercise and Obesity, Leeds Metropolitan University <i>Tackling childhood obesity</i>
4.30pm	Question and answer session
4.50–5.00pm	Evaluation and closing remarks



13 November 2008, Europa Hotel, Belfast

Application form

A PDF file of this flyer is available to download and online booking forms can also be submitted via the events/training section of the Health Promotion Agency for Northern Ireland (HPA) website at www.healthpromotionagency.org.uk

Please complete all details in BLOCK CAPITALS.
Please photocopy this form for each individual who wishes to attend.

Title (Mr, Mrs, Ms, Dr):

First name:

Surname:

Job title:

Organisation:

Work address:

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Postcode/County:

Work telephone number:

Email:

Please specify any special dietary or access requirements:

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Conference fees

Note that this conference is heavily subsidised to facilitate attendance by a wide range of sectors.

Public/private sector £50

Voluntary/community £30