

Improving health: the contribution of extended schools and healthy schools

A seminar organised by the Health Promotion Agency for Northern Ireland and the Regional Training Unit

Tuesday 5 February 2008



Improving health: the contribution of extended schools and healthy schools

The Health Promotion Agency for Northern Ireland (HPA) in association with the Health and Education Liaison Group (HELG), which represents a wide body of health and education interests, has supported the development of healthy schools for a number of years.

The Regional Training Unit (RTU) has been involved in supporting the development of extended schools since the launch of the Extended Schools Policy in 2006. A key strand of extended schools work is 'Being Healthy'.

HPA and RTU have developed this seminar to:

- highlight the links between healthy schools and extended schools;
- share approaches taken by schools towards health improvement;
- provide opportunities for extended schools to consider their potential as healthy schools.

The policy context for this work includes:

- the *Investing for Health* strategy, which highlights schools as one of four priority settings for health improvement;
- the *Fit Futures* report, which highlights the creation of healthy schools as one of its six strategic priorities to tackle the underlying causes of overweight and obesity in children and young people. The 'Fit Futures' vision encompasses both healthy schools ideals and the role of the school in providing extended activities for the school and the wider community.

Potential participants

The seminar will be of interest to a broad range of stakeholders involved in working with or supporting healthy schools and extended schools, and practitioners working to improve health.

Date and time

Tuesday 5 February 2008

Registration 9.30–9.45am

The seminar will start at 9.45am and finish with lunch at 12.45pm.

Venue

Lagan Valley Island, Lisburn

Cost

There is no charge for this event as funding has been provided jointly by the Regional Training Unit and the Health Promotion Agency.

Booking

Booking forms should be returned to Bernie Creaney, by fax on 028 9061 8123 or by post to RTU, Black's Road, Belfast, BT10 0RB.

Closing date for applications

Friday 25 January 2008

Programme

9.30am	Registration and refreshments
9.45am	Welcome and opening address
10.00am	'Schools – a healthy setting' Dr Robson Davison Deputy Secretary for Schools and Youth Policy, Department of Education
10.20am	'What is a healthy school?' Joan Murphy Healthy Settings Coordinator: Schools, HPA
10.40am	'Healthy schools – lessons learned from Scotland' Anne Lee Health Improvement Programme Manager, Health Scotland
11.00am	Refreshments
11.20am	Local case studies from extended schools also designated as healthy schools, including round-table discussions
12.20pm	Feedback from discussions and close
12.45pm	Lunch



Health
Promotion
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