

# Key issue papers

## Young people and mental health

### Free key issue papers now available to download

- The nature of self-esteem  
Dr Tony Humphreys
- Masculinity and mental health  
Dr Ken Harland
- Understanding concepts for working with children and young people  
Simon Ward

These key issue papers are published by the Design for Living partnership, which comprises Action Mental Health, The Youth Council for Northern Ireland and the Health Promotion Agency for Northern Ireland. The partnership aims to build capacity among practitioners from the many disciplines who work with young people in Northern Ireland.

Design for Living has presented a series of seminars concerning young people for a number of years. To help ensure that the learning from these events is disseminated, we have produced this collection of key issue papers on themes addressed at the seminars.

### Available only as PDF files at the following sources:

[www.healthpromotionagency.org.uk](http://www.healthpromotionagency.org.uk)

[www.mindingyourhead.info](http://www.mindingyourhead.info)

[www.actionmentalhealth.org.uk](http://www.actionmentalhealth.org.uk)

[www.ycni.org](http://www.ycni.org)