

General Consumer Council

Represents your interests in gas, electricity and coal matters. Deals with complaints about gas, electricity and coal matters where you are unable to reach agreement with your supplier. Provides advice and information on fuel payment methods, gas and electricity safety and how to make your home warmer.

Tel: 0845 601 6022

Website: www.gccni.org.uk

Age Concern Northern Ireland

Advice for older people on benefits and on how to help make your home warmer.

Tel: 028 9032 5055

(Mon-Fri 9.30-1.00pm)

Website: www.ageconcernni.org

Help the Aged

Advice for older people on benefits and how to make your home warmer.

Tel: 0808 808 7575 (Mon-Fri 9.00-4.00pm)

Website: www.helptheaged.org.uk



IS MY HOME WARM enough?

Cold, damp housing can
lead to poor health –
find out how to make sure
your home is warm enough



Campaigning for Warm Homes



Produced by the Health Promotion Agency for Northern Ireland,
18 Ormeau Avenue, Belfast BT2 8HS.
Tel: 028 9031 1611 (Voice/Minicom). Fax: 028 9031 1711.

09/04

Am I at risk?



Some people are more likely to have health problems as a result of cold, damp homes than others. Those who are most at risk are:

- older people;
- young children and babies;
- people with a long-term illness or disability;
- people who have difficulty getting around.

The temperature of your living room should be between 18°C and 21°C (65°F-70°F).

What can I do to ensure my home is warm enough?

There is a range of things you can do to help keep your home warmer.

- Check to see if you are entitled to a grant to help heat your home (call your local Energy Efficiency Advice Centre free on 0800 512 012).
- Insulate your walls (cavity wall insulation) and loft to reduce heat loss.
- Fit draught proofing to help seal gaps around windows or doors.
- Ensure your heating system is working properly.
- Insulate your hot water tank.

The following organisations can provide free advice. They can tell you about schemes or grants that may be available to help with the cost of making your home warmer and in some cases may be able to arrange for the work to be done.

Eaga Partnership

Gives advice on schemes and grants to help you make your home warmer.

Freephone: 0800 181 667 (You will be asked for reference number: MK662)

Website: www.eaga.co.uk

Energy Efficiency Advice Centre

Provides advice on how to make your home warmer and save money on your energy bills. For up-to-date information on all the various schemes, grants and cash backs available in your area to help heat your home call the freephone number.

Freephone: 0800 512 012

Local websites:

Belfast: www.belfastenergyadvice.com

Derry: www.foyleenergy.org

Enniskillen: www.wrean.co.uk

Northern Ireland Housing Executive (NIHE)

Advises on schemes for housing executive tenants to help make homes warmer. Provides advice on home improvement grants and schemes for private home owners.

Tel: Phone your local Housing Executive office listed in the business section of the Phone Book.

Website: www.nihe.gov.uk.

Citizens' Advice Bureau (CAB)

Gives advice on benefits available to help you save money and information on where to seek help to make your home warmer.

Tel: Phone your local CAB listed in the business section of the Phone Book.

Website:

www.adviceguide.org.uk/nireland

Advice NI

Members of this organisation provide information and help with benefits, housing and debt.

Tel: 028 9064 5919

Website: www.adviceni.net

